

# James Rippe MD - 'industry friendly' research?



**James Rippe MD**, a Harvard-trained cardiologist, is the Editor-in-Chief of the [American Journal of Lifestyle Medicine](#); the official journal for the American College of Lifestyle Medicine, which he founded in 2007.

He founded, and is Director of, the **Rippe Lifestyle Institute (RLI)** which claims to be the largest research laboratory on Lifestyle Medicine in the world. Taking into account the number of food and pharmaceutical industries partnering with the Rippe Lifestyle Institute one can't help but question the potential for bias in the '[industry-friendly](#)' results, claiming for example; - "*Consumption of sucrose and high-fructose corn syrup [does not increase liver fat...](#)*"

Rippe Health researchers have published over 300 academic articles in lifestyle medicine and presented over 200 academic papers at medical and scientific conferences. In addition, James Rippe and the Rippe Health staff have written or edited 41 books including 23 medical texts and 18 books on health, fitness, and lifestyle choices for the general public.

James Rippe has [led panel discussions](#) for Lifestyle Medicine conferences including the **2012 American College of Lifestyle Medicine: Treating the Cause** Clinical Conference and Workshop with **Coca-Cola** acknowledged as [sponsoring](#) the event.

James Rippe's personal association with Coca-Cola is acknowledged on his [own website](#) and his [ties to ILSI](#), the International Life Sciences Institute, founded in 1978 by Coca-Cola's Vice President, Alex Malaspina, are documented in the following article from **Alejandro Calvillo** [published](#) in 2015.

[www.isupportgary.com](http://www.isupportgary.com)

## LIFESTYLE MEDICINE

**James M. Rippe, M.D.**, is a Harvard-trained cardiologist based at the Seventh-day Adventist Church-owned **AdventHealth Celebration hospital** in Florida.

\*1988-present: Director of the Center for Clinical and Lifestyle Research (name change in 2000 to **Rippe Lifestyle Research Institute**) & Rippe Health

\*Author of the first Lifestyle Medicine textbook in 1999

\*Editor-in-Chief of the American Journal of Lifestyle Medicine (AJLM) which he founded in 2007

\*According to Crossfit Researcher, Russ Greene, The Corn Refiner's Association pays Rippe a \$41,000-per-month retainer to defend high fructose corn syrup.

Rippe Health Partners inc;

\*Coca-Cola

\*AstraZeneca and Eli Lilly

\*General Mills & Kellogg's

\*Florida Dept of Citrus

\*American Heart Assoc

\*Harvard Medical School