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About Dr. Chidi Ngwaba



Dr. Chidi is one of the World's Premier Lifestyle Doctors who uniquely has 4 degrees in science and medicine. Trained in Surgery, General Practice & Lifestyle Medicine at Cambridge, UCL & Johns Hopkins USA (under Dr. Ben Carson), he can Reverse, Improve or Prevent all chronic illnesses including Heart Disease, Cancer, Arthritis & Diabetes.

He is Founding Board member of the European Society of Lifestyle Medicine, a member of the American College of Lifestyle Medicine. He has over 20 years of experience as a national and international Health and Motivational speaker including a TED talk on Reversing Disease.

He is the medical expert & contributor to Top Santé, Europe's most popular health magazine as well as contributing to ELLE magazine, The Daily Express, The Daily Mail as well as TV & radio shows such as ITV's "Good Morning Britain" and is the resident Doctor on Premier Gospel Radio. He is the director & founder of a Lifestyle Medicine Clinic on Harley St & founded two successful & award-winning Healthy Plant-Based restaurants in Soho, London to encourage healthy eating.

As an elder of more than 20 years, his greatest joy is to promote Health & Mission in the 21st century.

Follow Dr. Chidi on Twitter @DrChidiMD

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Our Mission

The mission of the Seventh-day Adventist Church is to proclaim to all peoples the everlasting gospel in the context of the three angels' messages of Revelation

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