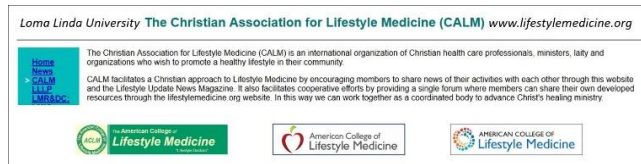


# American College of Lifestyle Medicine (ACLM)



The American College of Lifestyle Medicine is founded on Seventh-day Adventist Church ideology and more specifically - the 1863 Health Reform principals seen in Vision by Church founder, Ellen G White. The Garden of Eden diet (fruits, nuts and seeds) is the God-Appointed diet for man and as such, is non-negotiable. Flesh meat must be discarded before the 'End Times' not only for physical, moral and spiritual health, but for Salvation, too...

Unlike its partners in the 2013 Global Lifestyle Medicine Alliance (GLMA/LMGA), the European Society of Lifestyle Medicine (ESLM) and the Australian Lifestyle Medicine Association (ALMA), the ACLM has kept the same name for 17 years and the same URL [www.lifestylemedicine.org](http://www.lifestylemedicine.org)



Keeping Coca-Cola sponsorship at arm's length by using the [www.lifemeded.org](http://www.lifemeded.org) URL was probably a good idea for their 2012 event. I have not found any evidence of the Global Energy Balance Network (GEBN) partnering publicly with ACLM like it did with ESLM, despite [Steven Blair](#) (Vice President of the now defunct GEBN) and [Edward Phillips](#) joining the ACLM Advisory Board in 2010. Both of these men are champions of the "exercise prescription" ([EIM](#)) movement, founded and funded by Coca-Cola. Edward Phillips is also founder of the Institute of Lifestyle Medicine at Harvard University promoting 'Exercise is Medicine' and 'Lifestyle Medicine' under the **LMEd Collaborative** for medical students. LMEd's mission is to encourage health professionals to write Energy Balance prescriptions to "move more, eat less...meat."

[www.isupportgary.com](http://www.isupportgary.com)

## HISTORY OF ACLM LIFESTYLE MEDICINE

2002/3 - ACLM began as the Christian Association of Lifestyle Medicine (**CALM**) founded by Drs John Kelly, Marc Braman and Doug Plata on the Loma Linda University (LLU) Campus

2003 to 2007 - Website resources inc; PowerPoint presentations quoting the Bible, Church founder **Ellen G White**, and the **Garden of Eden** diet

2004 - American College of Lifestyle Medicine (**ACLM**) founded by **John Kelly MD** at LLU. Founding members included **Joan Sabate** (Dietary Guidelines Advisory Committee member 2020), **Hans Diehl** (CHIP program) and **Wayne Dysinger** (past president **ACLM** and Board Member of the American College of Preventive Medicine, the American College of Lifestyle Medicine and the South Pacific Society of Lifestyle Medicine (**SPSLM**), Medical Director of the Lifestyle Medicine Institute (**CHIP**) and a Professor at Loma Linda University

2004 - Advisory Board members included **David Jenkins**, **Walter Willett** and Hans Diehl